

SOCIAL CHANNEL	LINKEDIN	TWITTER or THREADS	INSTAGRAM	FACEBOOK	PINTEREST or TIKTOK	YOUTUBE
SCHEDULE	1 post/day	1 post/day	1 post/day	1 post/day	1 post/day	1 post/day
FREQUENCY	7 Days/Week	7 Days/Week	7 Days/Week	7 Days/Week	7 Days/Week	3+ Days/Week

## **Example Types of Social Assets:**

- 1. Ego Bait Guest
- 2. Episode Art (blog square)
- 3. Quote Graphic (guest or host or both)
- 4. Video Clip <60 sec
- 5. Video Clip <30 sec
- 6. Video Clip 1-3 minutes
- 7. Evergreen (reshare of best performing social asset from prior episodes)

Note: <u>Audiograms</u> may be substituted for video ONLY IF there is no video available.

## WEEKLY POSTING SCHEDULE - Up to 42 Shares of your podcast show/episodes per week!

	MON	TUES	WED	THURS	FRI	SAT	SUN
LINKEDIN	Ego Bait	Video Clip <60s	EP Art - Blog	Quote Guest/Host	Video Clip <30s	EVERGREEN	Video Clip 1-3m
TWITTER/ THREADS	EVERGREEN	Ego Bait	Video Clip <60s	EP Art - Blog	Quote Guest/Host	Video Clip <30s	EVERGREEN
INSTAGRAM	EVERGREEN	Video Clip 1- 3m (IGTV)	Ego Bait	Video Clip <60s (REELS)	EP Art - Blog	Quote Guest/Host (STORIES)	Video Clip <30s
FACEBOOK	Video Clip <30s	EVERGREEN	Video Clip 1- 3m	Ego Bait	Video Clip <60s	EP Art - Blog	Quote Guest/Host
PINTEREST/ TIKTOK	Quote Guest/Host	Video Clip <30s	EVERGREEN	EVERGREEN	Ego Bait	Video Clip <60s	EP Art - Blog
YOUTUBE	Full Length Episode	Video Clip <60s	Video Clip <30s	PAST EP Video Clip	PAST EP Video Clip	PAST EP Video Clip	PAST EP Video Clip